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**DR PAULA MAISEY**

CONSULTANT CLINICAL NEUROPSYCHOLOGIST

EDUCATION

**Postgraduate Certificate in Mental Health Law,** University of Northumbria: 2020

**Postgraduate Diploma in Clinical Neuropsychology,** University of Glasgow: 2013

**Doctorate in Clinical Psychology,** Newcastle University: 2008

**BSc (Hons) Psychology,** Newcastle University: 2002

PROFESSIONAL QUALIFICATIONS, MEMBERSHIPS AND TRAINING

HCPC Registered Psychologist

Member of the BPS Specialist Register of Clinical Neuropsychologists

Qualification in Clinical Neuropsychology, British Psychological Society

Foundation Course in Family Therapy and Systemic Practice, Northumbria University

EMPLOYMENT HISTORY

Clinical Psychologist (Adult Psychological Services), Northumberland Tyne and Wear NHS Foundation Trust *(2008-2010)*

* Providing psychological assessment and therapy to working age adults referred to the Community Mental Health Team in Newcastle and to patients residing on the male and female inpatient wards at Newcastle General Hospital.

Principal Clinical Psychologist (Older People’s Community Services), Cumbria partnership NHS Foundation Trust *(2010-2016)*

* Providing psychological assessment, including neuropsychological assessment for people with suspected cognitive impairment and dementia, and psychological interventions.
* Providing psychological support and interventions to families and carers and providing supervision, training and consultation to other clinicians.

**NeuroCog Consultant** *(2014-2025)*

* Working with adults, families, support teams and other healthcare professionals as part of a multidisciplinary team.
* Psychological and neuropsychological assessment, neuropsychological rehabilitation/therapy, trauma focused therapy, adjustment following injury/illness, management of challenging behaviour.
* Expert witness and capacity assessments.

Principal Psychologist (Older People’s Inpatient Services), Cumbria, Northumberland, Tyne & Wear NHS Foundation Trust *(2016-2020)*

* Providing psychological assessment, including neuropsychological assessment for people with suspected cognitive impairment and dementia, and psychological interventions for people on the older adult wards in Cumbria.
* Providing psychological support and interventions to families and carers, and providing supervision, training, and consultation to other clinicians.

Consultant Clinical Neuropsychologist & Professional Head of Older People’s Psychological Services & Approved Clinician Cumbria, Northumberland, Tyne & Wear NHS Foundation Trust *(2020-Present)*

* Providing professional leadership of older people’s psychological services for community and inpatient services.
* Providing expert psychological assessment, including neuropsychological assessment for people with cognitive impairment and dementia, and psychological interventions on a dementia ward in North Cumbria.
* Working as a Responsible Clinician on a Dementia ward in North Cumbria.

**Cumbria Neuropsychology – Partner** *(2025- Present)*

* Working as a Consultant Clinical Neuropsychologist providing expert

neuropsychological assessment and neuropsychological rehabilitation/therapy and expert witness and capacity assessments.

**PUBLICATIONS**

Richardson, S., Maisey, P., & Howarth, A. (2025) *Exploring the experiences and attitudes of qualified staff working with a psychologist responsible clinician on a specialist inpatient dementia assessment and treatment unit.* FPOP Bulletin: Psychology of Older People 1 (169): 64-68.

Tanney, S., Richardson, S., & Maisey, P. (2023) *Service users’ experience of a Cognitive Stimulation Therapy group on a dementia acute inpatient ward.* FPOP Bulletin: Psychology of Older People 1 (164): 55-59.

Sulej S., Richardson, S., & Maisey P. (2023) *Football reminiscence: A reminiscence therapy group on a dementia inpatient ward centred around the sport of football.* FPOP Bulletin Psychology of Older People 1(163):21-25.

Maisey, P. & James, I.A. et al. (2019) *Formulation based model of care in a Dementia inpatient ward.* FPOP Bulletin Psychology of Older People. 1(145):22-26.

# Maisey, P. & Howarth, A. (2019) *Behaviours that challenge: Setting-specific interventions.* FPOP Bulletin Psychology of Older People 1(148):31-36.

# Ritchie, R & Maisey, P. (2019) *A formulation-based model for behaviours that challenge on an organic assessment unit: Staff perspectives.* FPOP Bulletin Psychology of Older People 1(148):12-16.

CUMBRIA NEUROPSYCHOLOGY

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